

Acknowledgements

The Wangaratta Turf Club supports U3A through the provision of a stand-alone room for our use.

The partnership with Pangerang Community House is mutually beneficial: U3A contributes to the provision of a tutor and Pangerang provides the computer training facilities.

Wangaratta Library staff members are always ready to help us search the catalogue of books, DVDs, and online databases for our class projects.

Photocopying of the course brochure and timetable by Tim McCurdy's staff is acknowledged with gratitude.

We thank the Wangaratta Art Gallery for providing the art talks at the gallery.

For more information

<https://www.u3awangaratta.org.au>
Email: u3awangaratta@gmail.com

Mobile: 0412 944 664

PO Box 90 Wangaratta 3676



Course Brochure

and

Timetable

Semester 1

February – June 2019

U3A (University of the Third Age) is a worldwide self-help, low-cost, learning organisation for people in their third age of life. There are no entrance requirements and no assessments.

Venue for Classes



The venue for classes is Room 3 at the Wangaratta Turf Club, Racecourse Road. Travel down Sisely Avenue, into Cruse Street, turn left into the Racecourse, up to the first red brick building.

Transport can be arranged by calling **0412 944 664**

Most computer classes will be held at Pangerang Community House, 38 Ovens St Wangaratta. Please ring 0412 944 664 to confirm.

Membership Fees

The annual membership fee is \$50 and this entitles members to attend any or all of the courses on offer. A half-year membership fee of \$25 is offered to those who join in July.

Associate Membership is available to members of other U3As for a modest \$10 per member for the first year. Proof of membership must be shown.

General Meetings

All members are welcome at the General Meetings. Input from members is vital to the ongoing health of the organization. We need to know your interests so that we can provide a valuable and enjoyable learning experience.

Volunteer Facilitators

U3A relies on the expertise of volunteer facilitators. If you have an area of expertise which you would like to share with other members, please make contact.

At the Movies **ONGOING**

Calling all film fans who want the opportunity to see a wide range of films. Members share the responsibility of providing movies for the group to view and discuss. As an introduction to their movie selection, members may present reviews, or information about the stars, director, costumes, settings and awards given. We meet once a month.

Mah Jong **ONGOING**

Mah-jong is not a difficult game but you have to keep your wits about you. It is good for the memory and quite easy to learn. Your own set of tiles would be valuable for practice. It is a simple game once the rules have been mastered. Once this is done, a player has learnt all there is about Mah-jong - the rest is luck. Concentration, patience and quickness of play are the keys. The more you play the more enjoyable the game.

Conversing in French **CONTINUING**

Because there is a limit of 12 members in this course there are no vacancies at this stage, but if you are interested in this course please contact U3A on Mobile 0412 944 664

Beginners iPad for Seniors

If you are a Senior and have recently acquired an iPad or have been wanting to purchase one then this course is for you! We will teach you the basics over two x two-hour sessions.

Extending your iPad for Seniors

Two x two-hour sessions. These two courses are just \$40 for U3A members and \$50 for all other seniors.

Take the first step into the digital world by contacting Pangerang Community House 03 5721 3813.

Understanding Religions

ONGOING

Globalization and high-speed communication put 21st century people in contact with adherents of a wide variety of world religions. Exploring religious stereotypes will hopefully shed light on unfamiliar philosophies and practices. The popular idea that all religions lead to the same God fails to account for the distinctive origins and radically different teachings found across the world's many religions, beliefs and practices. This course will present religion as a complex and intriguing matrix of history, philosophy, culture.

Talk French! **ONGOING**

This course is ongoing so is not suitable for complete beginners. Please contact U3A Wangaratta by emailing eileen.sidell@hotmail.com if you are interested in joining the class and have some knowledge of French - perhaps from some years back in the past. Emphasis will be on gaining the skills to understand and speak French with confidence. Basic grammar skills will be included in each session.

Come for a walk! **NEW**

Walk at your own pace with other members of U3A Wangaratta. We will meet for the first time at Apex Park at 10.00am and walk over the beautiful Ovens River and back – about an hour or so, and then enjoy coffee at one of the cafes nearby or perhaps bring a thermos and have coffee/tea under the trees. Each week we can pick a different location and a different leader – if that is what we would like to do. So let's go for a walk.

Explore Museums **IT'S ON AGAIN!**

This is an exciting program. As a start we will study the identification, collection, interpretation, management and politics of the past and present. Participants will examine objects and collections in local museums, cultural landscapes and intangible heritage. Local museums to be visited include Corowa NSW, Benalla, Beechworth, Albury NSW, Myrtleford and Wangaratta. A museum will be visited monthly with transport either car share or by bus depending on numbers.

Course Descriptions

The Garden Plot **ON GOING**

Do you love gardens and gardening? Join us for interactive sessions with guest speakers, plant swap days and field trips.

Suitable for new or experienced gardeners and anyone who just wants to have fun in a relaxed atmosphere.

Buongiorno Italia **ONGOING**

This is for all who love the Italian language and for those who think they may travel to Italy. This is not a beginners course and because it is an ongoing course and numbers are limited please contact us on the U3A phone 0412 944 664 if you are interested in joining the class and have some knowledge of the Italian language. Basic grammar skills will be included in each session. The group will be working with a text so it is expected that participants buy 'Talk Italian' Book 2 which costs approximately \$15.95 for the book or \$30.00 for the book and CD and can be bought through Edgars Newsagency or on-line. Participants must to be prepared to revise and prepare for each session

Hot Topics **ONGOING**

Come along and join in discussions on the major (and minor) social, cultural, scientific, philosophical and political issues in Australia and around the world. This course is planned to allow participants the opportunity to discuss their views on matters of interest in local, national and international events of their choosing. The aim for the course is to allow the participants, to question, confirm, challenge and enhance their own views on the subjects or events discussed. The success of the course will depend on the willingness of the participants to become involved and to respect the differences of opinions of individual participants

Literature *ONGOING*

Literature includes images as well as text. In addition to novels, plays, films, poems, there are TV shows, documentaries, feature films, and even advertisements to be 'read' and assessed for the stories they tell and the way they are constructed. The topics for each semester are chosen by the course participants so, whatever your taste in literature, it is likely to be catered for, and you may well be surprised by new exciting ideas.

Chi Gong *ONGOING*

Simple breathing with easy movement for improving health. This will involve sitting either on the floor or on a chair. Participants will need a mat, such as a yoga mat or a large towel and wear comfortable clothing.

Australia Re- Focussed *NEW*

Australia has been involved in many wars, from early white settlement to the present day. After each war, the Australian Government needed to adjust their thinking, both politically and socially, in order to keep pace with the ever-growing Global World.

This course will discuss those changes, over 9 two hour sessions, every second week. While our speakers may wish to share experiences of a particular war eg. The Vietnam War, others will discuss the implemented changes to the areas of Agriculture, Migration, Education and returning Military Personal.

Guest speakers who have memories/stories about a relative involved in one of the many wars, will share those interesting experiences during the second half of a session.

Our guest speakers will be inviting interactive discussion at the conclusion of each session.

A Basic Introduction to the Share Market *NEW*

The course will give the participants an overview of the stock market and how it works. Discussion subjects will include,

- The Australian securities exchange.
- Equity securities.
- Role and history of share ownership.
- Understanding the numbers
- Understanding risk.
- Who invests in the share market.
- Types of shares.
- Initial public offering.
- Pricing of shares.

Some research may be required between courses.

There is a limit of 14 participants in this course

Please note that this course does not provide investment advice but gives discussion on the subject only.

Reading James Joyce's Ulysses *NEW*

It's been banned, it's been slammed, it's been debated! James Joyce's Ulysses was first published as a novel in 1922 and still inspires, intrigues and delights. Explore and enjoy the complexities of this novel as we read it together. Participants will need a copy of Ulysses, so, if purchasing the novel, the Penguin Classic with a blue Martello Tower on the cover is recommended. It will be helpful (but not necessary) if all participants have the same copy. It can be bought for \$16 at Edgars Newsagency.

Art Gallery Talks *NEW*

Discover the current exhibitions and the collection at the Wangaratta Art Gallery. Staff at the gallery will enlighten members each month with a talk at the gallery. Please note there may be some flexibility with the dates.